

about yoomi

inspired by mum, designed by dad

yoomi was created by Farah and Jim, a mum and dad whose experiences of bottle warming (stumbling around a kitchen in the early hours and begging waiters for hot water when out and about) inspired them to look for a better solution. The combination of Farah's inspiration and Jim's engineering skills, together with expert advice and help from friends and family, has created yoomi, the bottle that warms your baby's feed in just 60 seconds.

All yoomi bottles are BPA-free and have a clever breast-like anti-colic teat for easy latch-on, creating a comforting feeding experience that is perfect for bottle only, combination feeding or transitioning your baby from breast to bottle.

Combined with a warmer, yoomi warms feed to the natural temperature of breast milk in just 60 seconds. Or you can use your yoomi bottle on its own.

yoomi bottles, teats and warmers are interchangeable across the range and are easy to assemble and use.

how to use your yoomi

fold out for step by step instructions

yoomi and baby safety

We designed yoomi for our own babies first. Niall, our youngest son, was yoomi's chief tester, so safety has always been our main concern. The yoomi warmer works using a concentrated non-toxic salt solution. We've coloured it with blue, food grade dye so that if it ever leaked you'd see blue in the teat.

We've also added the bittering agent Bitrex® to the solution so your baby would immediately reject the bottle if the warmer leaked. You can find out how this keeps your child safe at www.bitrex.com.

If you think your warmer is damaged, please stop feeding immediately and throw away the feed and warmer. If you suspect your child swallowed the salt solution seek the advice of a health care practitioner. If you touch the salt solution then wash your hands.



www.yoomi.com

taking care of your yoomi

Here are a few hints and tips to keep your yoomi kit in tip top condition.

- We think a teat brush is the right thing for yoomi teats. It's best not to turn the teat inside out as it could get damaged. Safety and hygiene are very important to the yoomi family so we recommend you replace your teats every two months.
- Give your warmer a rest for 75 minutes after charging. If you try to activate it before then it will be too hot and you could damage it.
- yoomi warmers don't like direct sunlight or extremes of temperature (below 0°C and above 100°C), so please keep them in a cool dry place.
- Charge your yoomi up and it'll stay that way until its next use (or its expiry date, that's three months from its first use).
- yoomis can only take so much so show them some love! Don't boil them in kettles, keep them away from solvents and harsh chemicals and don't ever give them to children to play with. They're for grown ups only.
- It's time for a new yoomi warmer when:
 - it's three months old (from first use) or it's done 100 feeds
 - the button no longer changes colour when you press it
 - if you spot any signs of damage or any blue safety dye appears
 - the bottom of the warmer (the flexible base) is permanently bulging out

'just right' temperature

If you follow our instructions and use a yoomi warmer then you'll never have overheated feed again. Heating feeds using hot water or a microwave destroys nutrients and can cause scalding in your baby's mouth. It could also mean your baby prefers hotter feeds so they struggle with combination feeding.

We've designed yoomi to warm feed to the natural temperature of breast milk, around 32 to 34°C. Breast milk's a little cooler than body temperature so the feed from your yoomi should feel slightly cool.

also available from yoomi

- **starter packs**
- **5oz/140ml bottles**
- **8oz/240ml bottles**
- **warmers**
- **slow, medium and fast flow teats**

Learn more at www.yoomi.com and join our family to get all the latest news and offers.

We'd like to hear your ideas, comments and questions.

Contact us at hello@yoomi.com or call on +44 (0) 800 066 9950

WARNING!

Your child's safety and health is the most important thing at yoomi so please take a few minutes to read the small print.

- Before you use carefully clean and sterilise all yoomi parts, this is for hygiene and also to charge the warmer. Once sterilised handle yoomi with care, make sure your hands have been thoroughly washed and don't put sterilised parts on dirty work surfaces.
- Always check the bottle, warmer and teat before you sterilise them, pull the teat in all directions and throw away anything as soon as you spot damage or weakness. If the warmer is damaged throw away feed and warmer. Throw away your yoomi warmer three months after its first use.
- If you leave the teats in direct sunlight, disinfectant or sterilising solution for too long you can weaken the teat.
- yoomi isn't a child's play thing or a toy - use yoomi with adult supervision and don't let children play with the warmer or small parts and walk/run when using the bottle. Never leave a baby with a bottle, accidents can happen if baby's fall or the bottle comes apart. If you aren't using yoomi make sure children can't get hold of the parts.
- Don't use feeding teats as a soother. Allowing your child continuous or prolonged periods of sucking fluids (even non-sweetened) will cause tooth decay.
- Always check feed temperature before feeding and never warm feed in a microwave. This can cause uneven heating 'hotspots' and could scald your child.
- If you're making up feeds follow formula manufacturers' instructions and use a feed within two hours or throw it away.
- yoomi warmers only like charging in boiling pans of water and electric sterilisers (for 25 minutes). You'll damage it if you microwave it. Always lay the warmer on its side to charge and cool.
- Give your warmer a rest for 75 minutes after charging. If you try to activate it before then it will be too hot and you could permanently damage it. Remember the warmer will be hot after charging so let it cool before you touch it.
- Only activate (press the button) when the warmer is in the bottle.
- You can wash yoomis in the dishwasher. Food colourings can discolour yoomi parts.
- yoomi is only for baby feed.

the self-warming baby bottle
yoomi
warmth within

Combined with a yoomi warmer your yoomi bottle warms feed to the natural temperature of breast milk in just 60 seconds. You don't have to plug your yoomi warmer in, and it doesn't need batteries. You just pop it in a pan of boiling water or an electric steam steriliser to charge it. You recharge it in the same way before each use (up to 100 times). Once it's charged, it stays charged, so you can feed baby exactly when it suits both of you.

 **using your yoomi bottles and teats**

1 Give each part of your yoomi bottle a wash in warm, soapy water using a teat brush for the teat. Rinse in fresh water. Or you can put all the parts in your dishwasher.

You'll need to wash and sterilise your yoomi bottle and teat before you feed your baby.

2 Sterilise the parts of your yoomi bottle using any sterilisation method. Just follow the normal steps in the steriliser manufacturer's instructions.

3 If you want to use the bottle on its own pop the collar over the teat (listen for the soft click as it locks into place) and fill it with feed. Then screw the collar and teat onto the bottle. Feed away.

farah's tip
 yoomi is perfect for use with expressed breast milk (ebm) and pre-mixed formula. We always follow Department of Health guidelines on making up formula feeds.

 **using your yoomi warmer**

You'll need to sterilise and charge your yoomi warmer before you feed your baby. This takes a bit longer than sterilising your bottles.

farah's tip
 How about charging and cooling a few warmers at the same time so they're ready to use whenever you need them?

4 Charging and sterilising the warmer is easy, you don't have to plug yoomi in and there are no batteries. Either:

Put it on its side (not on the rubber base) for 25 minutes in a pan of water that's kept boiling (best option)

farah's tip
 I start a timer when the water starts to boil so I know when my warmer is fully charged.

or Put it in an electric steam steriliser for 25 minutes continuously, with four times the amount of water the steriliser manufacturer recommends. So if they say 40ml, use 160ml. It's a good idea to check the manufacturer's instructions for your steriliser.

The yoomi warmer only likes pans and electric sterilisers – it can't be put in the microwave.

farah's tip
 I check my warmer is fully charged by waiting until it's cool, then giving it shake to hear the rattle. No rattle? Sounds slushy? Check you recharged it for 25 minutes.

5 yoomi warmers need a little rest before they are ready to go so leave them to cool down on their side for 75 mins. **If you press it too soon you could permanently damage your yoomi warmer.**

farah's tip
 You can cool your warmer by placing it under cold running water for 15 minutes but it does mean it'll no longer be sterile (which is fine for babies over a year old). yoomi warmers are ready to go again when the button is orange and the cooled warmer rattles when you shake it.

farah's tip
 You can store your yoomi bottles and warmers in the fridge with the cap on. yoomi warmers happily stay charged in the fridge.

6 Time for a feed? Clean and sterilise your bottle (1-2 above). Pop the collar over the teat, you'll hear a soft click when it's connected. Pick up the warmer using the collar and teat, then screw these onto the bottle.

7 Ready to warm the feed? Firmly press the orange button through the teat, a few seconds later the warmer will be active and it won't rattle when you shake it. Wait 30 seconds.

When the orange button starts to fade put the cap on and turn the bottle upside down so your feed runs over the warmer and into the teat. Leave your yoomi upside down for about 30 seconds.

8 Feed away! Hold the bottle so the teat is full of feed. The warmer stays warm for up to an hour.

farah's tip
 You can see renowned former midwife and independent breastfeeding counsellor, Clare Byam-Cook demonstrating how to use yoomi at www.yoomi.com/how-to-use



yoomi bottle

-  yoomi **cap**
-  yoomi **anti-colic teat**
-  yoomi **collar**
-  yoomi **bottle**
 combined with your yoomi warmer – all you need for feeding

warmer
 – the self-warming baby bottle

-  yoomi **warmer**

Read these instructions carefully to get the most from your yoomi.

